COP27 SIDE EVENT

FOOD FOR CLIMATE
Activating Transformation from the Inside Out

12 NOVEMBER
1.00 - 2.30 PM EET
UNDP PAVILION & ZOOM
12 November, 1 pm Egypt Time, UNDP Pavilion & Zoom

COP27

Food for Climate: Activating Transformation from the Inside Out

Vairoa Ika Guldman
Indigenous Activist - Rapa Nui Peoples

Christine Wamsler
Professor of Sustainability Science,
LUND University

Insights from the field

Maximilian Abouleish
SEKEM

Teresa Corçao
Instituto Maniva

Jeroen Janss
Inner Green Deal

Katie Palmer
Food Sense Wales

Collective Mindfulness Practice with

Gelong Thubten
Buddist Monk & Author
THE CONSCIOUS FOOD SYSTEMS ALLIANCE

INNER CAPACITIES FOR REGENERATIVE FOOD SYSTEMS
The Conscious Food Systems Alliance (CoFSA), convened by UNDP, is a movement of food, agriculture, and consciousness practitioners, united around a common goal: to support people from across food and agriculture systems to cultivate the inner capacities that activate systemic change and regeneration.
Regenerative Food Systems

Consciousness approaches

• Consideration and cultivation of inner capacities into interventions across the food system.

• Integration of consciousness practices:
  o Contemplative practices;
  o Psychological and cognitive-behavioural based practices;
  o Transformative spaces and communication practices;
  o Transformative education and leadership practices.

Application at 3 levels

Institutional

Group

Individual

Shift in consciousness through cultivation of inner capacities

Change in Transformative qualities and skills: Being, Thinking, Relating, Collaborating, Acting

Change in connection and relationship with self, others, and nature

Regenerative Food Systems

Note: This linear model simplifies the process of change for the sake of clarity. Systems change is a complex process characterized by multiple causations, interactions, feedback loops, and inevitable uncertainty and unpredictability. The model draws on the theories presented in Annex II, particularly the Model of Inner-Outer Transformation and the Inner Development Goals.
CoFSA Core Areas of Intervention

TRANSFORMING FOOD AND AGRICULTURE THROUGH A WHOLE SYSTEM APPROACH

**SUPPLY CHAIN TRANSFORMATION**
- Conscious Consumption
- Cultural Transformation of Organizations

**FOOD SYSTEMS POLICY AND PATHWAYS**
- Food Policy Reform
- Multistakeholder Dialogues

**SUSTAINABLE LANDSCAPES**
- Conscious Farming and Local Community Development
- Revitalizing and Strengthening Traditional Wisdom

Global Community of conscious food systems practitioners
A PHASED APPROACH FOR A FLEXIBLE AND ORGANIC PROCESS OF EMERGENCE

Phase 1: Setting Up
- Sensemaking
- Conceptual Design
- Vision & Strategic Approach
- Build a core group of partners

Phase 2: Co-design
- Co-creation in the Breathing Room
- Rationale & Manifesto
- Governance & Community-building

Phase 3: Implementation
- Community Digital Platform
- Trainings & Interventions
- Global Annual Event
- Scale-up strategy
- Fundraising

2020 Q4 | 2021 Q1 | 2021 Q2 | 2021 Q3 | 2021 Q4 | 2022 Q1 | 2022 Q2 | 2022 Q3 | 2022 Q4 | 2023 Q1 | 2023 Q2 | 2023 Q3
HIGHLIGHTS & ACHIEVEMENTS

• Co-creation process with 27 core partners in 'The Breathing Room' to co-design the Conscious Food Systems Alliance and connect deeply with themselves and one another.

• Thought leadership on conscious food systems: publishing Rationale for Action report, Case Study collection, CoFSA Manifesto, blogs & articles, and presenting in conferences and events.

• Generating a ‘Portfolio of CoFSA Interventions’ to pioneer the application and integration of consciousness approaches in food systems.

• Growing the community to over 150+ informal members from across the food system and from a diversity of consciousness backgrounds.

• Digital Community Platform to support members to collaborate, connect & practice, apply, reflect & learn.

• Building a Global Network of Local Hubs to facilitate an equitable exchange of knowledge and experience across local centres offering conscious food learning programmes.

• Communications, Branding & Website
Join the Movement

Join the Alliance and become an official member by submitting an application form

Visit our Website to know more: https://consciousfoodsystems.org

Join our Newsletter!
There's a revolution that needs to happen and it starts from inside each one of us

Thich Nhat Hanh
THANK YOU

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Find out how consciousness approaches can transform food systems - http://www.consciousfoodsystems.org/
KEY FOUNDATIONAL DOCUMENTS

AVAILABLE TO DOWNLOAD AT OUR WEBSITE: https://consciousfoodsystems.org